



# Trauma Informed Care: Becoming a Trauma Sensitive School

Join Kimberly McDonald, Director of Programs and Staff Development at LASEC for this 2-part series on the Seven Essential Ingredients of Trauma Informed Care. Over the course of these sessions you will better understand the basics of trauma informed care and ways to implement in your classroom. You will also be able to identify action steps to create a trauma sensitive school environment for all students.

- Identify **prevalence** of adverse experience & recognize **impact** on child
- Change your **perspective** on student behaviors
- Practice trauma informed interventions towards behavioral **regulation**
- Identify factors that help build positive **relationships** for students
- Help students find a sense of purpose or their **reason to be**
- Empower staffs **caregiver capacity** – finding work/life balance

**Date:** March 12 (Part 1) & March 19 (Part 2)

**Time:** 8:30am - 11:30 a.m.

**Cost:** \$75 for LASEC Members (fee covers both trainings)

**Online Registration:** [Google Forms Registration Link](#)

**Mail In Registration: (checks payable to LASEC)**

Name: \_\_\_\_\_ District: \_\_\_\_\_

IEIN: \_\_\_\_\_ Title/Role: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_